



2019 Winter Swim Team

Our non-profit provides aquatics programs for our community. Visit www.rocklinswimteam.org or call 916-975-5130!



Join us to practice swim stroke mechanics, starts, turns, and conditioning (not a learn to swim program). Athletes create friendships and develop skills by coaches they can trust with option for swim meet competitions and team social events!

- DATE:** Mon-Thur, 11/4-1/30*
 - LOCATION:** Heated Whitney HS Pool, 701 Wildcat Blvd, Rocklin
 - GROUP:** 5:15-6:00pm Ages 7-9
5:15-6:15pm Ages 10-11
6:15-7:15pm Ages 12-13
4:00-5:15pm High School Conditioning Ages 14+ (starts week of 11/11)**
 - FEE:** \$295 Register at rocklinwave.com (+ \$20 USA Swimming Flex Membership if you don't already have it)
\$275 Special rate to enroll by 10/15/19 into Winter Session for our 2019 Registered Fall Swimmers
\$150 High School Club Polo special rate for 2 days per week practice to compliment their club water polo practice schedule.
- *No practice on 11/6 but there is practice on Friday 11/8; Off Nov 25-28 and Dec 23-Jan 2.
**Coaches may reassign swimmer to different Winter group or a Mavericks USA swim group based on skill level.



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